

# *Building a Good Life*

## Workshops for Family/Whanau – Hamilton 2013

SAMS will facilitate workshops that will enable family/whanau to be informed and effective contributors to planning and designing supports.

Developed and facilitated by families in New Zealand for families in New Zealand



**Courses are:** Free to participants and limited to twenty participants for each of the four sessions. Sessions will build on content from previous workshops. Attending all workshops is recommended (although not essential).

**Venue:** The Rotary Lounge at Hamilton Gardens Pavilion (off Cobham Drive off Hungerford Crescent)

**Times:** Workshops Start – 9.30 am and Finish 2.30 pm

**Dates:** 15 May 2013, 19 June 2013, 14 August 2013 and 16 October 2013

**Refreshments:** Tea and Coffee will be provided (please bring your own lunch)

**Content of workshops will be negotiated with participants. Some options may include:**

“Enabling Good Lives”  
Rights  
Service design options  
Partnership techniques

Innovations in New Zealand  
Aspiration based planning  
Negotiation/Conflict strategies  
Developing personal networks

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